## ALLERGENS: CHEF RECIPE CARDS

Dish/ingredient:

## Date:

Chef:
Please state the name of the cereal(s) containing gluten** AND/OR the name of the nut(s)*


Notes:

Reviewed and checked by:


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| Celery $\square$ | Cereals containing gluten** $\square$ | Crustaceans $\square$ | Eggs $\square$ | Fish $\square$ |
| :---: | :---: | :---: | :---: | :---: |
| Lupin $\square$ | Milk $\square$ | Molluscs $\square$ | Mustard $\square$ | Nuts* $\square$ |
| Peanuts $\square$ | Sesame seeds $\square$ | Soya $\square$ | Sulphur dioxide $\square$ | TICK THE ALLERGENS WHICH ARE IN THE DISH |

Notes:

Reviewed and checked by:

