

# NI YW TÎM ABER



## WE ARE TEAM ABER

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ISSUE 4: JANUARY 2018

# AN UPDATE FROM LOUISA



Happy 2019! I hope you all enjoyed a break for Christmas and are ready for the next semester. This is just a quick word to say well done on what you have achieved so far and keep going! I hope we will get even more students involved in our stu-

dent groups after Re-freshers, remember it's never too late to join! I also hope you are as excited as I am for the upcoming events this semester of This Girl Can, Superteams and Varsity, if you don't know what these events are then this is the year to get involved! Feel free to email me about any volunteering opportunities for these events as a way to get involved! [suopportunities@aber.ac.uk](mailto:suopportunities@aber.ac.uk) Good Luck with exams and I will see you all at Re-freshers!

# WOMEN'S RUGBY

On 7th December, AUWR took part in an 874 mile journey on 6 stationary bikes, from John O'Groats to Lands End. This in total took us 8 hours and 27 minutes, with help from over 20 girls and our coaches. We have currently raised over £1200 to split evenly between Wales Air Ambulance and the RNLI, which were chosen for very personal reasons. One of our committee members was in a car accident a few years back, and without the help from both of these organisations it's highly likely that she wouldn't be here with us today. These charities work so hard day in day out, and we are so grateful that we could do our bit to help them, and to say thank you for everything they have done!

We are so thankful for everyone who took part, and all the donations that we have had! The JustGiving page is still open, so please, any donation large or small would be very appreciated; <https://www.justgiving.com/crowdfunding/auwrcycle874miles>

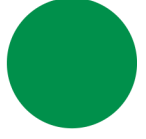
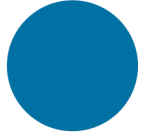




The National Welsh Novices Debating Championships occurred on Saturday 17th November this year. The Novices Championships is a competition hosted by a group known as the Welsh University Debating Council (WUDC), who organize joint debating events in Wales, on which Aberystwyth has a seat on. This year Aberystwyth sent 8 Debaters in 4 teams and 3 judges. The Novices competition is only open to those in their first year of university debating, however this does not take away from the fact that it is a national competition. Each year, 2 national competitions are hosted by the WUDC, the Welsh Novices and the Welsh Mace.

As such the Debating Union is proud to announce that 2 of our teams and 2 of our judges broke to the final of this year's competition and in fact Aberystwyth managed to win the novices' competition this year, with the winning team being Alex McCreadie and Josh Elsey. The Union would like to thank everyone who took part in the competition and made our victory possible.

# TING



Wales, although small attracts a lot of attention on the Debating Circuit; each year the Debating Union hosts the Aberystwyth Open, which has in it's past hosted a wide range of Universities, ranging from Swansea to Oxford. As such, the Debating Union is extremely proud of the victory we achieved this year, as it is one more way for us to show to everyone that just because we are on the edge of Wales does not mean we can be discounted.

Anybody interested in coming to any future competitions please come to our weekly meetings, on Thursdays at 7pm in A14, starting up again on January 31st, where we will not only meet to have fun and debate but also we will train you in a wide array of skills that will help you in both the academic and less academic theatres.

Happy Debating!

# SUPERTEAMS



Superteams is **the** must attend event of the year. Hosted by the Students' Union, students organise themselves into teams of 10 and compete in a huge variety of activities and sports across the weekend. Prepare yourselves for banter, sweat and a lot of mud!

With events ranging from basketball to bleep test, football to obstacle courses, this weekend is most certainly not for the faint hearted. It is also an opportunity for those who aren't involved with sports clubs to demonstrate their athletic abilities. Perhaps even get scouted! The only requirements are that you must be a current student at Aberystwyth University, you must have Team Aber Insurance, and you must be prepared to do anything for your team... No pressure!

Register your team via the SU website at **9am** on **January 25<sup>th</sup> 2019** to avoid disappointment – last year the event sold out in less than 1 minute, so make sure you've prepared and have all of the information required first.

For more information please contact Lucie Gwilt  
(leg13@aber.ac.uk)

# REFRESHERS'

It's Freshers' all over again!

Our massive Refreshers' Week kicks off from Monday 28th January, bringing you:

## **The Trade Fair (28th)**

Jam-packed full of freebies, vouchers and information

## **Part-time Jobs and Volunteering Fair (29th)**

## **Societies Fair (30th)**

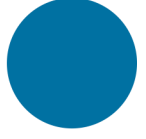
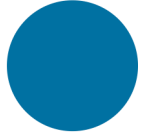
Discover your passion

## **Sports Fair (31st)**

Play the game, join #TeamAber

10am – 3pm, Students' Union

We're looking forward to seeing you there!

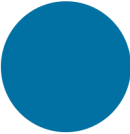









# **SPORTS AND SOCIETIES ZONE**

**7TH FEBRUARY 2019**



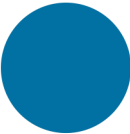
Discuss all aspects of getting involved, including grants, coaching, facilities and fundraising as well as our big events such as Superteams and Varsity.

- 
- Relaxed and informal meeting of people involved in the same area
  - Get feedback on ideas to take forward
  - A place to chat about the things you care about
  - A chance to share ideas
  - Meet your full time and volunteer officers
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# **STUDENT VOLUNTEERING WEEK**

**11TH-15TH FEBRUARY 2019**



Student Volunteer Week 2019 is taking place from 11th – 17th February. This is a chance for us to celebrate AberSU volunteers, as well as give students opportunities to engage with volunteering through daily events and activities that will be taking place throughout the week!





# THIS GIRL CAN

**18TH-22ND FEBRUARY 2019**

During the week of 18th February – 24th February 2019 at Aberystwyth Students' Union, we are running a 'This Girl Can' week. We are hoping to highlight and celebrate women in the university as well as the outer community. We have plenty planned for the week including, a This Girl Can Fair, open sports sessions, performances and more so keep an eye on our Facebook page and website for more information.



# OFFICER ELECTIONS

Students lead in all aspects of the Students' Union. Each year we use democratic elections to help decide who should speak and work for you on a range of issues while you're a student at Aberystwyth University.

All registered students can stand and vote in elections for any position that is relevant to them.

Officer Elections

Standing Opens: Tuesday 1st January 2019

Standing Closes: 12pm Tuesday 26th February 2019

Voting Opens: 9am Monday 11th March 2019

Voting Closes: 3pm Friday 15th March

Results: 8pm Friday 15th March in the Students' Union Building.





This year's Varsity will take place in March across various venues in Aberystwyth. The tournament sees hundreds of students from over 30 sports teams compete for the Aber vs Bangor Varsity Trophy. Team Aber clubs will be looking to reclaim the Sports Trophy after 4 consecutive losses since 2014... No pressure!

The Aber vs Bangor Varsity competition is a great way to get involved and become part of Team Aber even if you don't know your tipoff from your pushback. The atmosphere on the day is something that you should not miss, with thousands of students supporting and cheering for the two different sides.

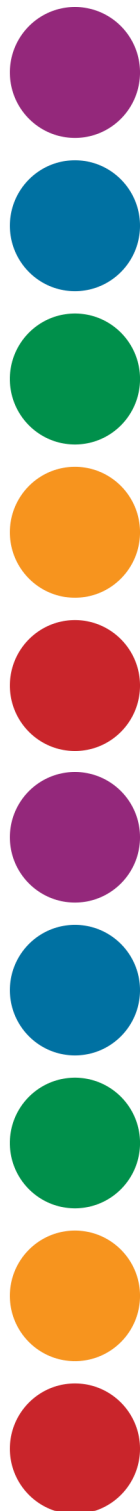
#UnleashTheDragon

**When:** Saturday 30th March 2019

**Where:** Aberystwyth

Get in the true Team Aber spirit and order your very own Varsity stash bundle, ready for the annual Aber vs Bangor competition.

You will be able to pre-order your pack online to avoid disappointment from Monday 11th February 2019 and collect it at the Varsity Stash Launch on Thursday 14th March 2019 in the SU Picturehouse from 3pm-5pm. After this, packs can be purchased / collected from the SU Reception.



# ABER SU CELEBRATES WEEK

AberSU Celebrates is a week each year where we celebrate the successes and achievements of our students and staff here at Aberystwyth University.

## SOCIETIES AWARDS

The AberSU Celebrates Societies awards highlight the dedication of students to their Society and allow us to celebrate our achievements as 'Team Aber' & recognise outstanding contributions both socially, competitively and professionally.

Help us recognise individual society members and societies for:

- Outstanding Talent
- Dedication
- Competitive Success
- Charitable Work
- Continued Development

Nominations open from 1st January - 1st March

11 awards (plus 25 AU colours!) - 1 night of celebration – 1st April, Constitution Hill

Nominate online @ [www.abersu.co.uk/celebrates](http://www.abersu.co.uk/celebrates)





## SPORTS AWARDS

The AberSU Celebrates Sports awards are a key way of supporting best practice at Aberystwyth by highlighting the extreme dedication of students to their Club, as well as allowing us to celebrate our achievements as 'Team Aber' and to recognise outstanding contributions both socially, competitively and professionally.

Help us recognise our sporting individuals and clubs for:

- Outstanding Talent
- Sportsmanship
- Coaching
- Dedication
- Competitive Success

Nominations open from 1st January - 1st March

10 awards (plus 25 AU colours!) - 1 night of celebration – 3rd April, Brynrodyn Caravan Park

Nominate online @ [www.abersu.co.uk/celebrates](http://www.abersu.co.uk/celebrates)



# AberSU celebrates



# GUIDE DOGS



The Guide Dog talk and meet up was a big success! We had a great turn out and learnt so much about the dogs and the training they have to go through, as well as the huge importance of having the dogs themselves. After the talk, we got to fuss the dogs which both people and dogs were more than happy about.

We also raised £123.88 for the guide dogs charity so thank you for everyone who donated!

Thank you to Ceredigion Guide dogs for giving us the time for the talk and to pet the dogs, and thank you to everyone who attended the event.



# USEFUL DATES

**1ST JANUARY: Standing Opens (Officer Elections)**

**25TH JANUARY: Superteams Registration Opens**

**10TH FEBRUARY: Sports and Societies Zone**

**22ND-24TH FEBRUARY: Women's Superteams**

**26TH FEBRUARY: Standing Closes (Officer Elections)**

**1ST-3RD MARCH: Men's Superteams**

**7TH MARCH: Sports and Societies Zone**

**11TH-15TH MARCH: Voting (Officer Elections)**

**25TH MARCH: Standing Opens (Clubs and Socs By-Elections)**

**30TH MARCH: Varsity**

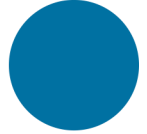
**1ST APRIL: Societies Awards**

**3RD APRIL: Sports Awards**

**7TH APRIL: Standing Closes (Clubs and Socs By-Elections)**

**29TH APRIL-3RD MAY: Voting (Clubs and Socs By-Elections)**

**4TH-5TH MAY: Aber 7's**





## YOUR NEWSLETTER NEEDS YOU!

Does your club or society have something interesting planned this month? Completed in a brilliant BUCS Fixture? Think your society or club should be next month's In Focus? Have something you want to share?

If so, please get in touch with Becca, [rlb12@aber.ac.uk](mailto:rlb12@aber.ac.uk)

### OPPORTUNITIES CONTACTS:

**LOUISA:** [suopportunities@aber.ac.uk](mailto:suopportunities@aber.ac.uk) 01970 621755

**GAV:** [gaa@aber.ac.uk](mailto:gaa@aber.ac.uk) 01970 621718

**LUCIE:** [leg13@aber.ac.uk](mailto:leg13@aber.ac.uk) 01970 621754

**BECCA:** [rlb12@aber.ac.uk](mailto:rlb12@aber.ac.uk) 01970 621745

### OTHER USEFUL CONTACTS:

**STUDENT ADVISOR:** [union.advice@aber.ac.uk](mailto:union.advice@aber.ac.uk)

**UNION RECEPTION:** [suhstaff@aber.ac.uk](mailto:suhstaff@aber.ac.uk)

**UNION FINANCE:** [sufstaff@aber.ac.uk](mailto:sufstaff@aber.ac.uk)

**SPORTS CENTRE:** 01970 622280

**#TEAMABER**

