

An aerial photograph of Aberystwyth, Wales, showing a dense residential area with many red-brick houses and a large, historic university building complex in the background. The scene is captured during sunset or sunrise, with a warm, golden light illuminating the buildings and the sea in the distance. A large red circle is overlaid at the top of the image, containing the word 'Helo!' in white.

Helo!®

A Guide to AberSU

2022/2023

This is a little guide to tell you all you need to know about the Students' Union (AberSU), what we do and how you can be involved during your time in Aberystwyth!

*This photo was taken by one of our Student Photographers



WELCOME TO ABERYSTWYTH !



Congratulations on gaining your place at the University by the sea... **Aberystwyth!**

Coming to University is an experience that you will remember for the rest of your life and we're delighted to welcome you (or welcome back) to Aberystwyth and to be a part of your journey.

We hope you are looking forward to the next year ahead with us and love your student life.

During this exciting time, we'd love to officially welcome you as the newest members of AberSU. Every student at Aberystwyth University is automatically a member so you don't have to do anything just yet!

Being a member of the SU comes with some great benefits to help you through your time at University; Whether you want to join a club or society (we have over 100), want to develop experiences or volunteer, or just want some independent advice, then we are here for you!

We want you to love student life and we work to ensure you are happy, healthy and empowered, with lasting friendships and a promising future.

If you see us out and about, then come and say hi; we would love to meet you!

Cam, Rachel, Aisleen, Dafi & Elizabeth

2022/23 Officer Team

*Click their photos below to find out more about them and their roles



CAM

Wellbeing
Officer



RACHEL

Student
Opportunities
Officer



AISLEEN

AberSU
President



DAFI

Welsh Culture
Officer & UMCA
President



ELIZABETH

Academic
Affairs Officer

WHO WE ARE



A Students' Union is a charitable membership organisation – that means people with a common interest working together to achieve their goals. AberSU has thousands of members (that's you!) who elect and work with Student Officers to decide what we should be doing. Students always have the final say!

We are independent from the University and act as the 'voice' of students, while providing support and opportunities to our members during their time here.

Democracy is a big part of the SU: we are led by students and supported by a team of staff. We run elections for representatives and host all kinds of events that allow you to shape Aber for all students. Each year, you elect 5 full time officers and a team of volunteer officers to lead your Union.

There are hundreds of opportunities with AberSU whether it's joining a sports club or society, volunteering or representing other students academic and otherwise. It's the best way to meet new friends whilst trying something new, the hardest part is choosing which ones!



KEEP UP TO DATE

By following our social media channels and checking out our website!
(click the circles below)



OUR PROMISES



MISSION

We want Aber students to love student life!



VISION

Aber students should be happy, healthy and empowered, with lasting friendships and promising futures



PROMISES



We will provide opportunities to find your Aber community



We will be a positive influence for students



We will support you to be happy and healthy



We will help to grow your skills and experiences

VALUES

We are shaped by students - Your voice matters most



We are a community - We want you involved



We are transparent - We are always honest and open



We are ambitious - We develop for the future



We caru Cymraeg - We champion Welsh language and culture



GETTING SETTLED



Freshers is all about helping you settle in, make friends and love your new home! Over our Freshers' week we've got a range of things going on to introduce you to University life.

It's jam-packed with opportunities to meet new people & make friends. Our activities & events are for everyone; from new students just out of school, mature students and returning students...we've got something for everyone.

BIG WELCOME WEEKEND

We'll be busy welcoming loads of new faces over Freshers' so whether it's your first time in Aber or not, remember we're always here to help. Why not pick up a language or pro-noun badge from reception, and feel free to ask as many questions as you can!



INTRODUCING THE A TEAM

Look out for the red T-shirts if you need a friendly point of information and help.

STUDENT OFFERS

One of the biggest challenges every fresher faces is sticking to a budget. That's why it's important to take advantage of all the great offers available!

Keep an eye on for local and national offers to help you make savings while you spend.



NEED ADVICE ? Just ask.

We run a free and friendly advice service at the Students' Union

University | Housing | Finance | Health & Wellbeing

WHAT'S ON



FRESHERS FAIR

Come and sample student life every day between Monday 26th – Wednesday 26th September at our Freshers Fair. Find a new hobby & interest, try out volunteering opportunities and meet new friends... Live your best university life!

Sports / Societies / Volunteering / Freebies & more



FRESHERS EVENTS

Full up to date lists of freshers' events and activities can be found [here!](#) These includes Meet & Greet, 'Give it a Go' Club & Society activities and the night time events being put together by University Commercial Services.



AberSU Advice Service

Free, friendly
& confidential
advice service
based in the
Students'
Union
building.

University | Employment
Wellbeing | Housing | Money

abersu.co.uk/advice

Contact: 01970 621712 Email: union.advice@aber.ac.uk

"We will support you to be happy and healthy"



GET INVOLVED



TîmAber (or Team Aber) is AberSU's family of sports and societies. Sports clubs and societies in Aberystwyth can make your student experience an unforgettable one.

SPORTS

Being a part of a sports club in Aberystwyth will make your student experience an unforgettable one. Whether you want to get competitive or just have fun, with over 50 different sports clubs from Rugby to Ultimate Frisbee, we have something for everyone.

[A-Z of sports clubs here](#)



SOCIETIES

From Art to Rock Music, we have nearly 100 student led societies waiting for you to try. There is a vast variety of societies covering Academic, Faith, Politics, Media, Performance and Recreation and if you can't see your particular interest you can start your own society! Societies are a brilliant way to meet people with the same interests as yourself, make friends, try something new and enhance your University experience.

[A-Z of societies here](#)

VOLUNTEERING

Do you want to make a difference this year? Take a look at our volunteer opportunities and help a cause that's important to you!

You can volunteer in the community. Or you can volunteer from your Aber home.

If you do ANY VOLUNTEERING during your time as a student, you can also work towards our Aber Award! The Aber Award is a yearly milestone award which recognises the commitment of student volunteers. You can work towards achieving one of our Bronze, Silver or Gold Awards. Find out more [here!](#)



ACADEMIC REPS

Academic Reps are students who have been elected by fellow students on their course or in their department to feedback the views of those they represent to their Department, the University and Students' Union.

They work with their Faculty Rep and Academic Affairs Officer in representing students by attending Staff Student Consultative Committees to raise and respond to student feedback.



VOLUNTEER OFFICERS

Each year a Team of Volunteer Officers represent a huge variety of student interests and backgrounds. They are elected each year to be the voice of their peers, campaign for positive change and discuss how plans and policies will affect students.

See your 2022/23 Volunteer Officers [here!](#)





BECOME AN **ACADEMIC REPRESENTATIVE**

 2022/23

This is your opportunity to **speak up for your education and help make sure it's the best it can be!**

Find out more [here!](#)

Your role will be to:



Connect with students on your course



Gather feedback about their academic experience



Raise this feedback with department staff or the SU



Help to make improvements that benefit students



BE PART
OF SOMETHING
ELECTIONS

BYDDA'N RHAN
O RYWBETH

ETHOLIADAU

ELECTIONS

Led by you...

Students lead in all aspects of the Students' Union. Each year we use democratic elections to help decide who should speak and work for you on a range of issues while you're a student at Aberystwyth University, including Full-Time Officers and Volunteer Officers. All registered students can stand and vote in elections for any position that is relevant to them.



DEMOCRACY

Zones, Y Senedd and our Policies and Campaigns all contribute to the Student Voice which constantly works to create positive change.

We always give students the last word so if you think there's something the SU or University should be doing differently, or even have an idea for a completely new project or campaign then let us know!



Join a Sports Club or Society

or start your own!



abersu.co.uk/teamaber





Domino's

GOT THE APP?

DOWNLOAD NOW TO GET SOME GREAT DEALS!
DADLWYTHWCH YR AP AM FARGEINION UNIGRYW GWYCH!



Unit 1 The Barn Centre,
Alexandra Road,
Aberystwyth,
SY23 1LN
01970 612111

*Adverts like this one help fund AberSU



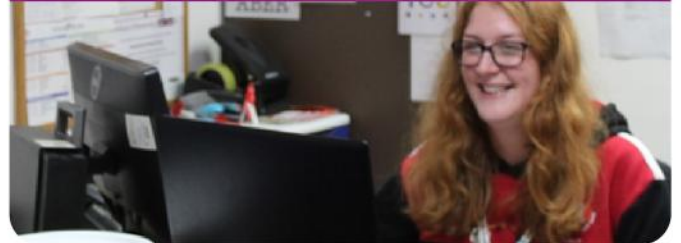
HANDY LINKS



EVENTS



ADVICE SERVICE



SPORTS CLUBS



SOCIETIES



VOLUNTEERING



STUDENT OFFICERS



BLOGS



ABOUT ABER





@UMAbberSU



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