

Meet the **Digital Skills** Team





THE MAN TIME



Sioned Llywelyn (Digital Skills Lead)



Laurie Stevenson (Student Digital Champion)



Shân Saunders (Digital Skills Coordinator)



Joel Williams (Student Digital Champion)

team

the

Meet



Jia Ping Lee (Digital Skills Coordinator)



Noel Czempik (Student Digital Champion)







What are Digital Skills?

These are the skills, knowledge and practices that equip us to live, learn and work in a digital society – Jisc (2015)







Why should you develop your digital skills?















Weekly Digital Skills Drop-in sessions







Digital wellbeing



Your confidence level: Proficient

Next steps

- Try to make sure your use of digital tools and media does not exclude anyone. Consider whether some people are excluded or discriminated against through the way digital technologies are used
- You may be able to contribute to policies that support the wellbeing of people and the environment through
 positive use of digital technologies
- What concerns do you have about digital technology in your learning? How can you join with others to address these issues?









Linked in Learning

• Online learning platform

What is LinkedIn

Learning?

- 16,000 + expert-led courses 24/7
- Interactive platform
- Certificates of completion







Lles Digidol Myfyrwyr | Students Digital Wellbeing

Prifysgol Aberystwyth University • Updated Apr 5, 2023

Mae lles digidol yn ymwneud ag effaith defnyddio dyfeisiau, offer, gwasanaethau a systemau digidol arnoch chi fel person. | Digital wellbeing is about the impact of using digital devices, tools, services and systems on you as a person.

Skills: Wellness, Work-Life Balance, Time Management, Sustainability

Tags: Lles Digidol, Digital Wellbeing, Student digital capabilities, Galluoedd digidol myfyrwyr



Collection details



6 English language

Collection content



VIDEO
 tractions caused by devices



VIDEO Look after your mind

COURSE
 Managing Your Time



COURSE How to Set Boundaries and Protect Your Time





Digital Skills Library (Students)

Click on the series of digital skills below to see the collections of resources for each

Digital creation, problem solving and innovation	Digital identity and wellbeing	Digital communication, collaboration and participation	
Find out more	Find out more	Find out more	
Digital learning and development	Information, data and media literacies	Digital Proficiency and Productivity	
Find out more	Find out more	Find out more	1872 PRIFYSGOL ABERYST





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Institution Page

Sioned Llywelyn



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Cymorth i Staff a Myfyrwyr / Help for Staff and Students

Mynediad i Office 365	Access Office 365
Catolog Llyfrgell Primo	Primo Library Catalogue
Wefan SgiliauAber	AberSkills Website

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How are your Digital Skills?

Explore your Digital Skills 🔍

START COURSE



Develop your Digital Skills 🔳













What digital skills do you think we should be supporting more centrally because they are not being taught as part of the curriculum?





How can we increase engagement with the resources that we have, and promoting why digital skills are so important?



Do you use AI at all to help you with your learning or other aspects of University life?





digi@aber.ac.uk



Digital Skills Webpages



Digital Skills Blog

Got any questions







IS User Survey



Information Services User Survey: How are we doing?

 IS User Survey gives you the chance to have your say about library and IT services at Aberystwyth University.

• It is also a chance to win a voucher worth £100 for only 10 minutes of your time!



