



### Guide to running an accessible and inclusive campaign

All our students are actively encouraged to stand in our elections, but we acknowledge that some students face additional barriers to being able to get involved.

It is important to consider how, as a candidate you can run an accessible campaign to ensure that everyone who would like to, has equitable access to getting involved!

### **Accessibility:**

This guide is compatible with screen reading technology.

If you need this guide in alternative format please email <u>union.elections@aber.ac.uk</u>

This guide is inspired by content created by KCLSU.

### Using the correct pronouns

#### **Pronouns 101**

- Never assume someone's pronouns; it can cause real distress to an individual
   if you are unsure default to they/them
- Pronouns may be indicative of but do not necessarily denote gender identity
- Pronouns may change, e.g. gender-fluid people may choose a different pronouns across a day
- Some people may be really comfortable with pronouns whilst others may still be figuring theirs out instigating a conversation about pronouns is important, but don't push it if someone doesn't engage.

### **During campaigning**

- Introduce yourself with your pronouns if you feel comfortable sharing
- If you are unsure of someone's pronouns, politely ask but don't pressure them into sharing
- Encourage people to use pronoun badges or add to their Zoom bio at events
- Do not assume someone feels comfortable sharing their pronouns in all situations

# **Sharing your ideas**

#### **Priorities**

Consider how different groups of students might be impacted by your ideas





 Think about your language choices, and whether these reflect the students you are hoping to represent – if you're unsure, why not ask some students what they think

#### Social Media

- Add captions to Instagram stories
- Add image descriptions to social media for some this is built into the site, but for others such as Instagram you can add to the caption.
- If there a text-only option compatible with a screen reader you can use ctrl shift U on most pdf documents
- Add captions to Zoom meetings

#### **Posters**

- Consider some text-only posters
- Avoid plain white backgrounds off white is more accessible for people with perceptual differences
- QR codes with extra information are also good for people to be able to take information away and read in their own time

## **Holding events**

### The planning stages

- Think about holding a variety of events some students prefer non-alcohol centred events
- Think about varying the times of your event is it during the school run or late at night when a disabled student has run out of energy?
- Add a trigger warning for sensitive topic discussions so students can prepare in advance
- Plan in at least 10 min breaks during events where students have the option to get up and move around. Communicate about these at the start of the event.
- Consider simultaneous live streaming of events for students unable to attend in person such as distance learners or disabled students
- Providing a basic agenda for the event in advance will help neurodiverse students prepare to attend

#### **Physical access considerations**

- Does the venue have step free access or a lift?
- Is there a quiet space for students to go to if they feel overstimulated or anxious?





- Are there gender-neutral toilets available?
- Do you need to book a BSL interpreter or use a hearing loop?
- Music consider the volume
- Lights will there be strobe lighting?

Make sure that whatever accessible options are available are communicated to students before the event. Also ensure there is an option for a student to contact you for more information or to request a reasonable adjustment.

Some suggested wording could be "if you have a disability or any additional needs and require assistance to fully participate in this activity, please email [abc@aber.ac.uk]"

## **Approaching students**

Going out and talking to students is one of the best ways to campaign, but that doesn't mean everyone feels comfortable being approached.

Do not pressure a student to engage with you if they are uncomfortable, and always ask for consent before getting them involved.

Note: some people might use the SU Hidden Disability traffic-light badges or sunflower lanyard to indicate whether or not they feel comfortable being approached.

# Reporting

As a candidate you are bound by the law, election rules, university processes and our student charter.

If you break any of these, you will be subject to investigation and possible removal from the elections process or even criminal implications.

To report an incident please see our complaints procedure here [https://www.abersu.co.uk/changeaber/elections/electionshub/]